



CCHS Student-Athlete Core Covenants

Determination

- Shown by turning in all assignments complete and on time.
- Shown by never giving up in a game.
- Shown by *wanting* to help your community

Integrity

- Shown by following the CCHS athletic contract.
- Shown by committing to your team and your role on the team.
- Shown by keeping your word and following your values, especially in times of adversity.

Goals

- Achieved by putting your actions in line with your goals.
- Achieved by writing your goals down.
- Have goals for the classroom, physical and or mental wellbeing, individual performance, team, family, and community.

Grades

- *Your best grades possible will be achieved by:*
- Having a work ethic and good study habits, using all available resources (teacher, peers, & med center), coming to class prepared, taking notes, using your planner, taking initiative to solve problems early on, and asking questions.

Excellence

- Aspire for “Excellence in everything.”
- Have an attitude that can be a positive influence on classmates, teammates, family, and community members.

Respect

- Earned by respecting other individual’s and your own potential.
- Earned by working hard and doing things to the best of your ability, even if they are hard to do.

Spirit

- Shown by having an eagerness to learn in the classroom.
- Shown by having a contagious passion for your activity.
- Shown by supporting other athletes and students in their activities.
- Shown by having pride in being a Golddigger in all endeavors.